Oticon • Spirit Zest Communicate

INSTRUCTIONS FOR USE



Mini / BTE / Power



Thank you

Thank you for choosing our product as your means to better hearing.

To support your efforts, we have put great care and attention into making sure that your new hearing instruments are of the highest quality and that they are easy to use and maintain.

We recommend that you read this manual carefully to achieve the maximum benefit of your new hearing instruments.

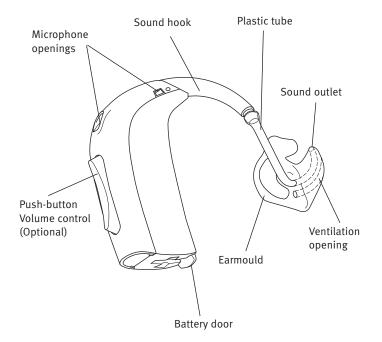
IMPORTANT NOTICE

Please familiarise yourself with the entire contents of this booklet before using your hearing instruments. It contains instructions and important information about the use and handling of your hearing instruments and batteries.

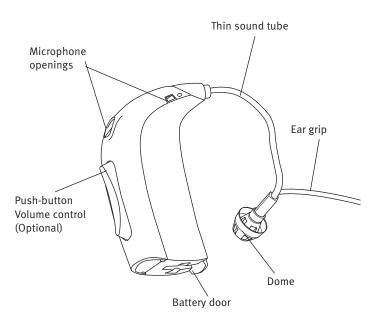
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Instrument View - with earmould



Instrument View – with Corda^{2*}



Your ear piece:

770		
	Custom Mould	Open dome: Small 🗌 💩
	☐ Plus dome	Medium 🗌 🕖

* not available for Power

Large 🗆 🕖

5

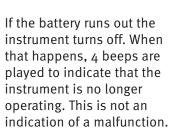
Changing batteries

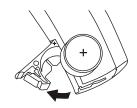
The correct battery size appears in the "Instrument View" in the first section of this document.

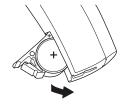
☐ Battery size 312 ☐ Battery size 13

A worn out battery should be removed immediately and disposed of according to local regulations.

When the battery power is low, you will hear 2 beeps. This pre-warning starts when the battery has only a few hours of operation left. The pre-warning will be repeated in moderate intervals to indicate it is time to change the battery.







To replace the battery, follow these instructions:

- Open the battery door completely by pushing the raised edge on the bottom of the instrument.
- Remove the sticky label from the + side of the new battery.
- Ensure that the positive (+) marking faces the positive (+) sign printed on the battery door. Close the battery door.

If there is any moisture on the battery surface, it should be wiped off before use. When you change the battery, it will take a few seconds before the battery works to full capacity.

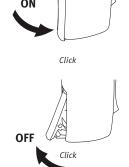
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Turning your instrument ON and OFF

Turn **ON** your hearing instrument by closing the battery door completely with the battery in place. When the battery door is closed the instrument will start up by playing a jingle. This indicates that the battery is working and the instrument is operating.

Turn **OFF** your hearing instrument by opening the battery door slightly until a "click" is felt.

To preserve the battery, make sure your hearing instrument is switched off when you are not wearing it.



IMPORTANT NOTICE

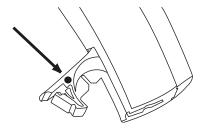
Open the battery compartment fully to allow air to circulate whenever you are not using your hearing instrument, especially at night!

Left/Right ear marking

Hearing instruments are fitted to the uniqueness of each ear, which means if you have two instruments then your left hearing instrument is programmed differently from your right. That is why it is important to distinguish between the left hearing instrument and the right.

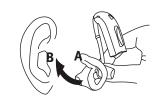
In order to easily identify whether it is the left ear or right ear instrument, colour markings may be applied inside the battery door.

A blue dot marks the LEFT instrument. A red dot marks the RIGHT instrument.

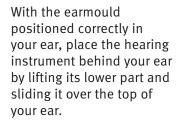


Putting on your instrument with earmould

Place the tip of the earmould in your ear canal, twisting slightly, making sure that the top part of the earmould (A) is pushed behind and under the fold (B) of your ear.



Gently pull up your ear and press the earmould in the direction of the ear canal.







Putting on your hearing instruments with a Corda² (thin tube)

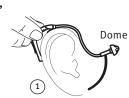
Not available for BTE Power

Putting on your hearing instrument with a thin tube correctly every time, takes practice:

- 1. Place the hearing instrument behind your ear.
- 2. Hold the bend of the tube between your thumb and index finger. The dome should point towards the ear canal opening. Gently push the dome into your earcanal until the sound tube sits close against the side of your head.
- 3. Position the ear grip in concha using your index finger. Look in a mirror. If the sound tube is sticking out from your ear, the dome has not been placed correctly in the ear canal. If the ear grip is visibly sticking



out from your ear it has not been positioned correctly. To remove the instrument pull the bend of the tube.



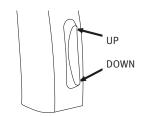




Push-button

Your hearing instrument has an ergonomic designed push-button for volume adjustment and switching between different programme.

The push-button can be activated by pressing either the upper part (UP) or the lower part (DOWN).



The push-button on your hearing instrument can be programmed to one of 3 functionalities.

Left	Right	
		Programme shift: Press shortly to change programme.
		Volume control: Press shortly to adjust the volume.
		Both volume control and programme shift: Press shortly to adjust the volume and press long (about 2 seconds) to shift programme.

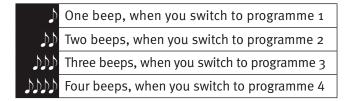
To be filled out by your Hearing Care Professional!

Programme (Optional)

Your hearing instrument can have up to 4 different programme.

When switching between the different programme, your hearing instrument will beep.

The number of beeps will indicate which programme you are using.



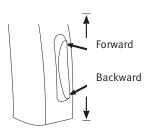
Press the upper part to go forwards in the programme cycle e.g from P1-P2.

Press the lower part to go backwards in the programme cycle e.g from P3-P2.

Below you can see a description of the programs available in your hearing instrument.

Prg. 1: _	 	
Prg. 2:	 	
Prg. 3:	 	
Prg. 4:		

To be filled out by your Hearing Care Professional!



Volume Control (Optional)

A volume control may be activated.

The volume control allows you to adjust the volume in specific listening situations to the level you feel comfortable with.

To increase volume, shortly press the upper part of the push-button.

To decrease volume, shortly press the lower part of the push-button.

You will hear a beep when you increase or decrease the volume.

When the hearing instrument is turned on, it starts up at a preferred volume level.

When adjusting the volume control to the preferred level, this is indicated by two short beeps.

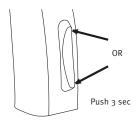
Stand-by (Optional)

Push the button for a minimum of 3 seconds to set the instrument in stand-by mode.

To reactivate the instrument, push the button briefly again.

Use the stand-by function if you need to silence the instrument while you have the instrument on.

Note: pushing either side of the button will set the instrument on stand-by.



IMPORTANT NOTICE

Do not use the stand-by function as a switch off as the hearing aid still draws power from the battery in this mode.

Tamper-resistant battery door (Optional) BTE 312

This is strongly recommended for infants, small children and people with learning difficulties.

Instructions

To lock the battery door: Make sure the door is completely closed. Use the screwdriver in the MultiTool to turn the tamperresistant screw to the locked position.

To unlock the battery door: Use the screwdriver in the MultiTool to turn the tamperresistant screw to the unlocked position. The battery door can be opened as usual.



Important: Do not force the battery door beyond its fully opened position. Insert the battery correctly. Excessive force can deform the battery door, which will reduce its tamper resistant effectiveness.

Tamper-resistant battery door (Optional) BTE 13 and BTE Power

This is strongly recommended for infants, small children and people with learning difficulties.

The battery door is designed only to be opened by using a tool. Unlock the door by inserting a tool into the channel in the buttom of the hearing instrument and push on the door to open.



Important: Do not force the battery door beyond its fully opened position. Insert the battery correctly. Excessive force can deform the battery door, which will reduce its tamper resistant effectiveness.

Telecoil (Optional)

The telecoil is a receiver for audio signals transmitted from an inductive loop installation. The telecoil is meant for telephone conversations and for loop systems in e.g. theatres, churches or lecture rooms.

The telecoil is activated by the push-button as switching between programme. When activated, you will hear a certain number of beeps corresponding to the telecoil programme.

See "Programme" for where the telecoil programme is placed.

DAI (Direct Audio Input)

If your hearing instrument is connected by means of a DAI adaptor with an external sound source, like a media player/MP3 or hand mic, the signals of these devices will be directly transferred to your hearing instrument.

Mounting of the DAI adaptor

Start by opening the battery door, slide the DAI adaptor onto the instrument.

Then insert the DAI cord into the adaptor.

When the DAI adaptor is connected, the instrument will automatically switch to a combination of a DAI programme and the microphone input of the instrument.

DAI adaptor

DAI cord
connector

If you would like the DAI programme alone, you can switch to the next programme by using the programme switch button.

As long as the DAI adaptor is connected to the instrument two programme will automatically be added after the standard programme, which have been programmed into your hearing instrument by your Hearing Care Professional.

IMPORTANT NOTICE

When the DAI is connected to mains-operated equipment, this equipment must comply with IEC-60065, IEC-60601 or equivalent safety standards.

FM

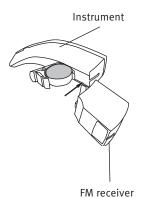
An FM receiver enables the hearing instrument to receive signals directly from an external wireless FM transmitter.

Mounting of the FM receiver

Start by opening the battery door. Slide the FM receiver onto the instrument.

As long as the FM receiver is connected to the instrument two FM programme will automatically be added after the standard programme, which have been programmed into your instrument by your Hearing Care Professional.

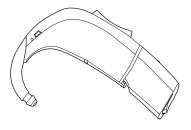
When the FM receiver is connected and turned on, the instrument will automatically switch to a programme that receives signals from the microphone in combination with an external wireless FM transmitter.



If you would like to receive input from the FM transmitter alone, you can switch forwards to the next FM programme by using the programme switch button.

With the FM receiver mounted, the push button of the hearing instrument can at any time be used to switch back and forth between standard programme and FM programme.

For detailed instructions on handling and use of the FM receiver, refer directly to the dedicated receiver guide.



Caring for your hearing instrument

Your ear canal produces ear wax (cerumen) which may clog up the sound outlet or the ventilation opening of your ear mould. To prevent wax accumulation causing a change in performance, the guidelines in this section should be followed.

When handling a hearing instrument, keep it over a soft surface to avoid damage if you drop it.

Before retiring at night:

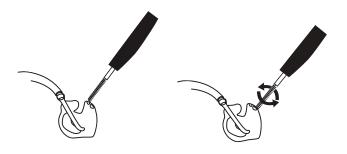
- Make sure that there is no ear wax in any of the earmould openings since it may reduce the hearing instrument's efficiency.
- Open the battery door to allow air to circulate.

Cleaning the instrument

A special purpose brush can be used for cleaning your instruments. This should be used to ensure the best care and performance of your hearing instruments.

Cleaning the earmould

- Clean away any traces of wax from around the sound outlet with the brush.
- Clean the ventilation opening by pressing the brush through the hole while twisting it slightly.



Use the cloth to clean the surface of the instrument.

Replace the brush when necessary. Just pull it out of the handle and insert a new fresh brush. Press the new one firmly into the handle.

Brushes can be purchased from your Hearing Care Professional.

Washing the earmoulds

The earmoulds should be washed regularly:

 Disconnect the earmould and the tubing from the sound hook of the hearing instrument.



 Wash the earmould in lukewarm water using a mild soap. Do not use strong detergents.



• Rinse with water.

• Dry the earmould.

• Any water drops inside the earmould or tubing should be blown out. A special device for this purpose (an earmould blower) is available from your Hearing Care Professional.



Make sure the earmould and tubing are completely dry before they are reconnected to the hearing instrument. Be careful that left ear earmould and tubing are connected to the hearing instrument with left ear marking and vice versa for the right ear instrument.



Replacing the tubing

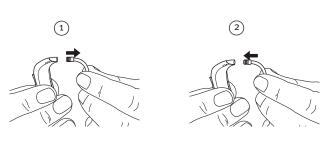
The tubing in the earmould should be replaced when it becomes yellow or stiff. Consult your Hearing Care Professional in relation to this.

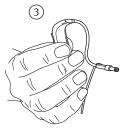
IMPORTANT NOTICE

The hearing instrument itself must never be washed or immersed in water or other liquids!

How to change Corda² (thin tube)

- 1. Pull tube out of the Hearing Instrument
- 2. Push tube into the Hearing Instrument
- 3. Correct



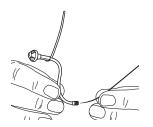


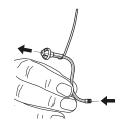
Cleaning your hearing instrument with Corda² (thin tube)

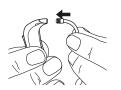
To remove cerumen from the thin tube:

- Pull tube out of the hearing instrument.
- Insert the cleaning tool in the tube all the way through.
- Remove the tool and push the tube into the hearing instrument.









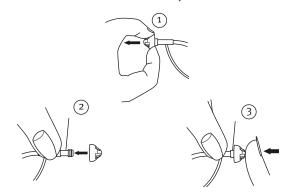
Daily maintenance with Corda² (thin tube) Domes

A dome may be gently cleaned only whilst still attached to the tube. If the dome becomes loose or detached it should be removed and a fresh one applied (do not apply the dome more than once).

When required a fresh, clean dome, should be selected to replace the existing dome as directed by your Hearing Care Professional.

Changing the Corda² dome

The dome is easy to replace. Hold the widest part of the dome and pull it off from the connections joint on the tube. Place the new dome on the speaker and ensure that it is fastened securely.



IMPORTANT NOTICE

The dome is made of a soft, medically approved rubber material. If the dome comes off in the ear canal, it will not cause any harm. If you can, carefully take it out. If necessary, let another person help you. Do not push the dome into the ear canal. Do not push the tube into the ear again before the dome is removed from the ear. If you have any doubts, contact your Hearing Care Professional.

IMPORTANT NOTICE WARNINGS

- Only use parts designed for your hearing instruments.
- Domes should only ever be attached to a tube once. Always discard a dome after removing it from the tube.
- The cleaning tools should only be used for cleaning the tubing when it is detached from the hearing instrument and not on the ear.
- The dome must be properly attached to the sound tube before inserting it in your ear. Failure to follow the instructions could result in injury.
- If the dome is not correctly attached and falls off in the ear: Please see your hearing care professional or seek medical consultation.
- The tube should never be used without a dome attached.
- Do not use hearing aids in ears with excessive ear wax accumulation or infection.
- Proper preventive care and maintenance will go a long way toward ensuring reliability and safe performance. Clean your sound tube on a regularly basis.
- Do not share your hearing aids or any of the parts with others.
- Ensure your hands are clean when handling the hearing instrument and its parts.

Avoiding heat, humidity and chemicals

Your hearing instrument must never be exposed to extreme heat e.g. left inside a parked car in the sun. They must never be exposed to a lot of moisture e.g. steam baths, showers or heavy rain. Nor must they be dried in microwave ovens or other ovens.

Wipe the batteries carefully if moisture is present as it may affect their performance. Using an antihumidity kit can help to avoid these problems and may even extend the life of your hearing instrument. Consult your Hearing Care Professional for further advice.

The chemicals in cosmetics, hairspray, perfume, aftershave lotion, suntan lotion and insect repellant can damage your hearing instrument. You should always remove your hearing instrument before applying such products and allow time for the product to dry before refitting your hearing instrument. If you use lotion, be sure to wipe your hands dry before putting on your hearing instrument.

Seven easy steps to better hearing

It takes time to adjust to a new hearing instrument. How long this adjustment takes differs from person to person. It will depend on a number of factors, such as whether you have had a hearing instrument before and the degree of your hearing loss.

1. In the quiet of your home

Try to accustom yourself to all the new sounds. Listen to the many background sounds and try to identify each sound. Bear in mind that some sounds will seem different from what you are used to. You may have to learn to identify them again. Note that in time you will get accustomed to the sounds in your environment – if not please contact your Hearing Care Professional.

If using the hearing instruments makes you tired, take them off for a little while and have a rest. Gradually, you will begin to be able to listen for longer periods of time. Soon, you will be able to wear your hearing instruments comfortably all day long.

2. Conversation with another person

Sit with someone else in a quiet room. Face each other so you can read facial expressions easily. You

may experience new speech sounds, which can seem a little disturbing in the beginning. However, after the brain has adapted to the new speech sounds, you should hear speech clearer.

3. Listen to radio or TV

When listening to the TV or the radio, start out by listening to news commentators since they usually speak clearly, then try other programs.

If you find it difficult to listen to TV or radio, your Hearing Care Professional should be able to give you advice on available accessories to enhance your listening capabilities for TV and radio.

4. In group conversations

Group situations are usually accompanied by a greater degree of background noise, and are, therefore, naturally more difficult to cope with. In such situations, therefore, focus your attention on the person you want to hear. If you miss a word, ask the speaker to repeat.

5. Telecoil use in church, theatre or cinema

An increasing number of churches, theatres and public buildings often have loop systems installed. These systems send out wireless sound to be received by the telecoil in your hearing instrument. Typically, a sign will let you know whether the place has a telecoil. Ask your Hearing Care Professional for details.

6. Using the telephone

When using the telephone, tilt the receiver edge lightly on your cheek-bone and position the phone slightly over the ear close to the hearing instruments microphone. The sound then flows directly into the hearing instruments microphone opening. This way, the hearing instruments will not whistle and you ensure the best conditions to understand the conversation. When you have the receiver in this position, remember to speak directly into the mouthpiece on the telephone in order to ensure good understanding on the other "end of the line".

All BTE hearing aids have a telecoil built in, if your telephone has a built in tele-loop, you can switch into telecoil programme in order to improve the sound reception further.

Remember that the telecoil in your hearing instruments may pick up disturbing signals from electronic devices, such as fax machines, computers, televisions or similar. Make sure that the hearing instrument has a distance of 2-3 meters to such devices when using the telecoil programme.

7. Wireless and mobile phones

Your hearing instrument is designed to comply with the most stringent Standards of International Electromagnetic Compatibility. However not all mobile phones are hearing instrument compatible. The varying degree of disturbance can be due to the nature of your particular mobile phone.

If you find it difficult to obtain a good result while using your mobile telephone, your Hearing Care Professional should be able to give you advice on available accessories to enhance listening capabilities.

Use your hearing instruments all day long

The best way to ensure better hearing is to practice listening until you can wear your hearing instruments comfortably all day. In most cases, you will not get the full benefit of the hearing instuments if you use them infrequently.

Your hearing instruments will not restore normal hearing. Nor will they prevent or improve a hearing impairment resulting from a physiological condition. What they will give you, however, is help towards making better use of the hearing ability that you have. If you have two hearing instruments always wear both.

The most important benefits of wearing two hearing instruments are:

- Your ability to localize sounds will improve.
- It will be easier to understand speech in noisy surroundings.
- You will experience a fuller, more comfortable sound picture.

International Warranty

Your hearing instruments are covered by a limited warranty issued by the manufacturer from the date of delivery. This limited warranty covers manufacturing and material defects in the hearing instrument itself, but not accessories such as batteries, tubing, earwax filters etc.

Problems arising from improper handling or care, excessive use, accidents, repairs made by an unauthorized party, exposure to corrosive conditions, physical changes in your ear, damage due to foreign objects entering the device, or incorrect adjustments are NOT covered by the limited warranty and may void it.

The above warranty does not affect any legal rights that you might have under applicable national legislation governing sale of consumer goods. Please consult with the clinic who issued your hearing aid for further information.

If you need service

Take your hearing instrument to your Hearing Care Professional, who may well be able to sort out minor problems and adjustments on the spot.

Common problems and their solutions			
Symptom	Possible causes	Solutions	
No sound	Worn-out battery	Change battery	pg. 6
	Clogged sound outlet	Clean earmould	pg. 25 & 29
Intermittent or reduced sound	Clogged sound outlet	Clean earmould	pg. 25 & 29
	Moisture	Wipe battery and instrument with dry cloth	pg. 33
	Worn-out battery	Change battery	pg. 6
	Clogged damping filter in hook	Contact your Hearing Care Professional for assistance	
Squealing noise	Hearing instrument inserted improperly	Reinsert hearing instrument	pg. 10
	Ear wax accumulated in ear canal	Have ear canal examined by your doctor	

If none of the above solutions solves the problem, ask your Hearing Care Professional for assistance.

Warranty Certificate

Name of Owner:	
Dispenser:	
Dispenser Address:	
Dispenser Phone:	
Purchase Date:	
Warranty Period:	Month:
Model Left:	Serial no.:
Model Right:	Serial no.:
Battery Size:	

Oticon A/S Kongebakken 9 DK-2765 Smørum Denmark www.oticon.com **C** € 0543 0682



www.oticonnhs.co.uk

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Product approval, precautions and markings

The hearing instrument contains a radio transmitter using short range magnetic induction technology working at 3.84 MHz. The magnetic field strength of the transmitter is < -42 dBµA/m @ 10m.

The emission power from the radio system is well below international emission limits for human exposure. For comparison, the radiation of the hearing instrument is lower than unintended electromagnetic radiation from for example halogen lamps, computer monitors, dishwashers etc. The hearing instrument complies with international standards concerning Electromagnetic Compatibility.

Due to the limited space available on the instruments all relevant approval markings are found in this document.



Warnings

You should familiarise yourself fully with the following general warnings and the entire contents of this booklet before using your hearing instrument.

Hearing instruments and batteries can be dangerous if swallowed or used improperly. Such actions can result in severe injury, permanent hearing loss, or can even be fatal.

- Hearing instruments, their parts, and batteries are not toys and should be kept out of reach of children and anyone who might swallow these items or otherwise cause injury to themselves.
- Never change the battery or adjust the controls of the hearing instruments in front of infants, small children or people with learning difficulties.
- Discard batteries carefully in a place where infants, small children or people with learning difficulties cannot reach them.
- Batteries have occasionally been mistaken for pills. Therefore check your medicine carefully before swallowing any pills.
- Never put your hearing instrument or batteries in your mouth for any reason, as they are slippery and could be swallowed by accident.

 Most hearing instruments can be supplied with a tamper-resistant battery compartment upon request. This is strongly recommended for infants, small children, and people with learning difficulties.

If a battery or hearing instrument is swallowed, see a doctor immediately.

Usage of hearing instruments

- Hearing instruments should be used only as directed and adjusted by your Hearing Care Professional. Misuse can result in sudden and permanent hearing loss.
- Never allow others to wear your hearing instrument as incorrect/wrongful usage could cause permanent damage to their hearing.

Battery use

- Always use batteries recommended by your Hearing Care Professional. Batteries of low quality may leak and cause bodily harm.
- Never attempt to recharge your batteries. They may explode and cause serious injury.
- Never dispose of batteries by burning them. There is a risk that they will explode and cause serious injury.

Malfunction in hearing instruments

 Hearing instruments may stop functioning, for instance if the batteries have expired or if the tubing is blocked by moisture or earwax. You should be aware of this possibility, in particular when you are in traffic or otherwise dependent on warning sounds.

Interference

 Your hearing instrument has been thoroughly tested for interference, according to the most stringent international standards. But new technical developments constantly bring new products into society, and some may emit electromagnetic radiation, leading to unforeseen interference in hearing instruments. Examples include induction cooking appliances, shop alarm systems, mobile telephones, fax machines, personal computer devices, X-rays, Computer tomography etc.

Possible side effects

- Hearing instruments may cause an accelerated accumulation of cerumen (ear wax).
- The otherwise non-allergenic materials used in hearing instruments may in rare cases cause a skin irritation.

Consult a doctor if you experience any of these side effects.

Safety requirements regarding Direct Audio Input (DAI)

• The safety of hearing instruments with DAI (Direct Audio Input) is determined by the external signal source. When the DAI is connected to mains-operated equipment, this equipment must comply with IEC-60065, IEC-60601 or equivalent safety standards.